



Presentation Rules & Regulations

Age Divisions: 8-10, 11-13 & 14-18

Each county may enter two participants per age division per category for District Competition. District GOLD & SILVER winners in all age categories are eligible to compete in State Presentation Finals.

1. Age eligibility is established on January 1, 2024. To participate in 2024, the 4-H member must be 8 years old on January 1, 2024, and not have had his/her 19th birthday before January 1, 2024.
2. The same presentation may be repeated from one year to the next (exception: see #15). However, the individual's personal development will be greater if the presentation is revised and improved.
3. Time Requirements: For all general presentation categories, the following time requirements are expected: a minimum of 5 minutes and a maximum of 12 minutes. Judges will use their discretion in ranking presentation length. Exceptions are as follows: Public Speaking (5-7 minutes); All Horse Categories (see #4); Chicken Barbecue (2 hours); Turkey Barbecue (2 hours); Pork Cookery (2 hours); Beef Char-Grill (2 hours). Turning baskets or cooking baskets are not permitted during Chicken and Turkey BBQ.
4. Horse Category Time Requirements: Horse, Individual 8-10, 11-13: 4-12 minutes; Horse, Individual 14-18: 9-12 minutes; Horse, Team 8-10, 11-13: 5-15 minutes; Horse, Team 14-18: 10-15 minutes; Horse Public Speaking 8-10, 11-13: 4-10 minutes; Horse Public Speaking, 14-18: 8-10 minutes. One point is deducted per judge for each minute under or overtime limits.
5. Youth competing in presentations compete against their room's competition, not a standardized norm.
6. Each county may enter two participants in each age division in each category.
7. 4-H'ers may compete in no more than one presentation program per year. The "Talent Showcase" (4-H Entertains) is not considered a presentation program.
8. Horticulture Science, Fruit & Vegetable, Egg Chef Challenge (Egg Cookery), and Peanut Foods categories must be a "demonstration". Monetary awards will be given to these category gold winners.
9. Presentation Awards: A participation ribbon is given to each district participant at District Activity Day. A medal is presented to the gold, silver and bronze winners. One presentation in each category will be designated the district winner. The district gold winner in all age categories will be eligible to compete on the state level. EXCEPTION: Talent Showcase/4-H Entertains awards blue ribbons and participation ribbons. Those will be invitation only.
10. The decision of the judges in each category is final.
11. All awards monies on the District level will be distributed to the county 4-H program in late fall and will be given to the youth by the county 4-H program.
12. In order to receive the district awards, the gold winner must attend state 4-H presentation finals to compete.
13. Ages 8-10, 11-13 and 14-18 district silver presentation winners are invited to participate in the state contest at their expense.
14. 4-H members may continue to compete in a presentation category/division until declared a state gold winner. When the member reaches another age division, he/she may again participate in the same category.
15. A team is composed of two individuals except in 4-H Entertains, which has no limit. If team members are not in the same age division, they must compete in the older division. CloverBuds are not able to participate in 4-H Entertains.
16. No live animals may be used in any presentation. Firearms and/or weapons or anything resembling these are not allowed during any presentation.
17. Donor contacts and addresses can be obtained through the North Carolina 4-H Development Office.
18. 4-H members age 14-18 will be asked to present a knowledge-based presentation. There should be no food preparation presented during the presentation; thus, no tasting by judges.
19. Presenters are not required to say "the question has been asked" and then repeat the question.



20. 4-H Entertains is for amateur performers only. Any 4-H members or groups who perform for pay are not eligible.
21. Chicken and Turkey Char-Grill 14-18 Age Categories are required to do an oral presentation. See specific category descriptions above for more information. The meat will be provided for state level competition for these categories provided funding is available.
22. Please avoid promoting any “brand” items in your presentations. If you use specific brands especially in your foods presentations, just cover up the name labels.
23. Costumes or appropriate clothing can be worn in your presentations. All clothing must meet the 4-H Guidelines and must be 4-H appropriate.
24. 4-H Presentations **MUST BE** presented in person and cannot be pre-recorded except for **VERY SHORT** inserts to demonstrate something that can't be shown during the presentation, unless you are competing in a pre-recorded category. (ie. serving a volleyball; a robot driving over a course).

** For specific suggestions on the use of visuals, see the Presentation Handbook.

2024 4-H Presentation (District Activity Day)

District Presentation Competition

- **West - June 14 - Swain (Host), Transylvania, Watagua - Western Carolina University**
- **SE - June 14 - Wayne (Host), Johnston, Wilson - University of Mt. Olive**
- **NC - June 15 - Alamance (Host), Chatham, Durham - NC A&T State University**
- **SC - June 18 - Scotland (Host) - Scotland High School**
- **NE - June 21 - Edgecombe (Host), Bertie, Hertford - Edgecombe Community College**

District Activity Day State Registration Deadline is May 24th for all DAD participants. Counties will set their own deadline. There will be no exception to the May 24th due date.

State Presentation Finals

Presentations in all categories will be held face-to-face.

State Presentation Finals Registration Deadline is June 26, 2024 - NOON

- **State Presentation Finals Date – July 23, 2024 - tentative**

For awards traditionally funded by endowments, the payment of the award in 2024 will be dependent upon the availability of investment income.