GROW YOUR OWN BUTTERFLIES…….NECTAR PLANTS

(A)=ANNUAL (B)=BULB (P)=PERENNIAL (S)=SHRUB (T)=TREE

\*\*\*= BUNCOMBE COUNTY NATIVE \*\* = NC ADJACENT COUNTY \*=INTRODUCED

|  |  |  |  |
| --- | --- | --- | --- |
|  | Early | Mid-Summer | Late |
| **RED** | Trumpet Honeysuckle\*\* (P) | Beardtongue\*\*\* (P) | Cardinalflower \*\*\* (P) |
| Fire Pink \*\*\* (P) | Scarlet Bee Balm\*\*\* (P) | Texas Sage (A) |
| Sweet William\* (P) | Maltese Cross (P) |  |
|  | Verbena (A) |
|  | Zinnias (A) |
| **ORANGE** | Blanketflower (P) | Mexican Sunflower (A) |
|  | Cosmos (A) |
|  | Lantana (A) |
|  | Turk’s Cap Lily\*\*\* (B) |  |
|  | Butterflyweed\*\*\*(P) |
| Redhot Poker (P) |  | Jewelweed\*\*\* (P) |
|  |  | Trumpet Vine\*\* (V) |
| **YELLOW** | Golden Alexander\*\* (P) | Black-Eyed Susan\*\*\* (P) | Sunflowers, Swamp\*\*\* (P) and Common\*\*\* (P) |
| Spicebush\*\*\* (S) | Brown-Eyed Susan\*\*\* (P) | Sneezeweed\*\*\* (P) |
|  | Indian Cup Plant (P) | Goldenrod, Wrinkleleaf\*\*\* (P) |
|  | Whorled Tickseed (P) |  |
|  | Yarrow ‘Moonshine’\* (P) |  |
|  | Marigolds (A) |
| **GREEN** | Mountain Mint\*\*\*(P) | False Nettle (host)\*\* (P) | Hops (host) (P) |
|  | Stinging Nettle (host) (P) |  |
| **BLUE** | Baptisia australis (host)\*\*(P) | Mistflower (P) | Great Blue Lobelia (P) |
| Sundial Lupine (P)  | Globe Thistle (P) | New York Aster\*\* (P) |
| Pincushion Plant (P) | Anise hyssop (P) | Smooth Blue Aster\*(P) |
|  | Speedwell (P) | Caryopteris (S) |
|  | Blue Bedder Sage (A) |
| **PURPLE** | Hesperis matronalis (P) | Purple Giant Hyssop (P) | New England Aster\*\*\* (P) |
| Moss Phlox\*\*\* (P) | Wild Bergamot\*\*\* (P) | NY Ironweed\*\*\* (P) |
| Lilac (S) | Gayfeather (P) | Blue Vervain(P) |
| Steeplebush\*\*\*(S) | Lavender (P) | Heliotrope (A) |
| **PINK** | Wild Chives (P)  | Coneflower\* (P) | Fall Phlox\*\*\* (P) |
| Rosebay Rhododendron\*\*\*(S) |  | Swamp Mallow (P) |
| Red Buckeye (T) | Swamp Milkweed\*\*\* (P) |
| Glossy Abelia (S) | Common Milkweed\* (P) |
|  | Joe Pye Weed\*\* (P) | Turtlehead\*\*\* (P) |
|  |  Spiderflower (P) | Stonecrop ‘Autumn Joy’ \*\*\* (P) |
| **WHITE** | New Jersey Tea (S) | Buttonbush\*\*\*(S) | Boneset\*\*\* (P) |
| Grey Dogwood (S) | Obedient Plant\*\*\* (P) | Culver’s Root\*\*\* (P) |
| Summersweet (S) |  | White Doll’s Daisy (P) |
| White Yarrow (P) |  |  |

 Barbara M. Anuzis 3/4/19