Message from the Liaison

It is hard to believe that the first day of fall has already come and gone. Yet when you go outside in the early morning, you can feel the crispness in the air. I have to agree with everyone when they ask “Where did the summer go?”

We had a wonderful picnic in Woodfin in July and I want to thank the West Asheville Club for making the arrangements. Hopefully there won’t be anyone mowing around us at our next picnic!

The ECA state meeting is going to be held in Concord, NC, October 26th—28th. Carole Campbell, Nellie Jo Maney and I will be representing Buncombe County. We should be enlightened as to the restructuring that is occurring in ECA at the state level and will be reporting everything we hear back to you either in printed form or during a future County Council meeting.

Be sure and take time to get out and enjoy the fall season before it leaves us! I’ll look forward to seeing you at our County Council meeting on October 23rd.

Nancy

North Buncombe to Host

North Buncombe Club has offered to host the October County Council meeting on October 23rd. There will not be a leader training at the Council meeting since Cathy Hohenstein will be visiting each Club in November and conducting the program.

NOVEMBER 6th

We will be having a program planning meeting on Friday, November 6th at the Extension Center. It is the time for Club members to decide what programs they would like their clubs to receive during 2010. During your Club meetings in October, discuss what you would like to have for programs in the new year. Please come to the planning meeting with your ideas and needs so we can offer programs that your club is interested in receiving. We would like a minimum of two members from each club to attend this planning session; more are welcome. I’ll look forward to seeing you on Nov. 6th at 9:30 am.
2009 ECA CRAFT SCHEDULE

As a different approach for gaining new members the Buncombe County ECA is offering craft classes that will be advertised through various media outlets. As a result of individuals attending the classes we anticipate participants will be encouraged to join a club. The classes are open to both ECA members and the public. Some have a cost and they will all require a pre-registration by calling the Extension Center. The fall schedule is:

- Window Stars—Wednesday, October 14 from 10:00 am –12:00 noon; Monika Wengler
- Chrismons—Thursdays, October 22nd and 29th from 10:00 am—12:00 noon; Nellie Jo Maney
- Floral Design—Thursday, November 5th from 10:00 am—12:00 noon; Ann Stafford
- Using Recycled Materials to Make Christmas Ornaments—Wednesday, November 18th from 10:00 am—12:00 noon; Monika Wengler
- Holiday Cookie Making—Thursday, December 10th from 10:00 am –12:00 noon; Monika Wengler

There are additional classes scheduled for 2010. If you are interested in teaching a class, please notify Nancy at the Extension Center. I would like to thank all the individuals that met to plan and schedule the classes and hopefully we will be successful in growing the clubs.

Stop Your Junk Mail

Most of us get more than our share of junk mail everyday. It fills our mailboxes and recycling bins with several sheets of extra paper that have been wasted to send us information we are not interested in receiving. I have been asked by ECA members to include the address of the Direct Marketing Association where you can request to be removed from various mailing lists. If you have a computer here is the website:

https://www.dmachoice.org/dma/member/home.action

There should be no cost when using the website.

Apple and Pecan Acorn Squash

2 medium acorn squash (about 1 1/4 pounds each)
1 cup peeled, chopped cooking apple 1/4 cup firmly packed brown sugar
1/4 cup butter or margarine 1/4 teaspoon apple pie spice
1/4 cup chopped pecans, toasted

- Cut squash in half crosswise, and remove seeds. Cut a thin slice from bottom of each squash half to sit flat, if necessary. Place squash halves, cut side up in a 13X9 baking dish. Add water to dish to depth of 1 inch.
- Combine apple and next 3 ingredients; spoon evenly into squash halves. Cover and bake at 350°F for 1 hour or until squash is tender.
- Sprinkle with pecans. Serves 4.
Woodfin Club

The Woodfin Club meeting place has been changed from the Community Center to Marie Ellis Ceramic Shop. We meet the first Monday night at 6:30. We have been busy making plans and discussing club goals with our three new club members.

We have also been busy helping some in our community that have special needs. We are inviting people to join our club and several have indicated they are interested.

Submitted by Marie Ellis

Reems Creek

The Reems Creek Club met in September for the first time since summer break. We enjoyed the entertaining program on Memory Exercises. In addition to the suggested program, we played two versions of the Memory Game. Besides the commonly known version where you find matching cards, we had to find matching containers by the sound of their contents. After trying to wrap our minds around some brain teasers, we had fun with puns. Here are a few examples that will make you think twice:

- I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
- She was only a whiskey maker, but he loved her still.

Submitted by Monika Wengler

Erwin Hills

We have relaxed somewhat during the summer while members spent more hours than usual volunteering at Mission Hospital, Vacation Bible School, lots of advocacy work and some travel.

We were given an opportunity through Nancy, due to a request from the mother of an art teacher at Erwin Middle School and the Liaison Agent for another County, to help a teacher by donating art supplies from whatever we had in our houses, mostly from our recycling bins.

We collected two large boxes of needed supplies. When the teacher picked them up, Nellie Jo asked her to give the Club a list of needed items. We received a thank you note and a list:

"Dear Buncombe County Community Members, we need your help!!! This year, we have not been granted an art supply budget for Erwin Middle School. While we do have some materials left from the remaining year, we need much more. Below is a list of what we are most in need of. Any donations would be greatly appreciated and used in the highest spirit of creativity. We will be sure to host a community wide art show for you all to view the product of our talented student's imagination! Thank you!"

**Needed supplies:**

Paper!! (Printer Paper, Newspaper, Heavy Artist Paper, Colored Construction Paper, Poster Board etc), Paint (Acrylic or Tempera), Glue (Stick or bottle), Markers, Scissors, Thick Erasers, Magazines, Old File Folders, Cereal Boxes, Wire Coat Hangers, Clean Panty Hose, Clean Foam Meat Trays, Round Plastic Yogurt Containers, Old CDS & anything else that can be transformed by the imagination!

Our club is small and we welcome all clubs to participate in helping our school children.

Submitted by Nellie Jo Maney

We have been in touch with Ormalee Lowrance who moved to Arizona. She plans on keeping in touch and would like to hear from other friends. The Extension office has her address.

The new idea to have special classes sounds very exciting and we’re looking forward to what the future holds for our club under the leadership of our president, Kathy Pegg.

Submitted by Marie Ellis
Starting October 1, plastic bottles will be banned from the landfill in Buncombe County and all across North Carolina. Wood pallets, oil filters, and oyster shells are also banned.

The new law targets plastic bottles that have necks smaller than the body of the container and a screw top, cap or other type of closure.

**Frequently asked questions about preparing your recycling:**

- **Do I have to rinse out the bottles?** No, but it’s best to dump the liquid, and to rinse them if you can.

- **Do I have to remove the paper from the bottle or can?** No, just place the bottle or can in the recycling.

- **Do I need to remove the lid?** Yes, because lids are violently propelled objects when plastics are bailed into cubes for sale to market.

- **Does the number or the recycling symbol on the bottle matter?** Not really - just make sure the plastic bottle has a neck that is smaller than the base. If so, it’s recyclable.

**DID YOU KNOW?**

Money Saving Tip Reminders

- Don’t go down every aisle when you shop.
- Shop only once a week. The more trips to the store, the more money you spend.
- Check out dollar stores. Canned fruits and snack crackers will be less expensive.

**TAR HEEL HOMEMAKER**

The Clubs in Buncombe County are accomplishing so much we need to share our good news with other Clubs in North Carolina. If we don’t boast, no one will know. I would encourage each Club to submit at least one article to the *Tar Heel Homemaker* in the next few months. The deadline dates are:

- **2009** Oct-Nov-Dec 11-27-09
- **2010** Jan-Feb-March 02-26-10
  April-May-June 05-23-10
  July-Aug-Sept 08-27-10
  Oct-Nov-Dec 11-26-10

Send your articles to:
Sue Glovier
828-668-7661 (phone & fax)
861 Ebenezer Church Road
Old Fort, North Carolina 28762

Anyone interested in joining an ECA Club should contact Nancy Ostergaard at The North Carolina Cooperative Extension
Buncombe County Center
828•255•5522